

If you've been referred to our office by your dentist, it's because he or she is concerned about damage that could be occurring below your gumline, damage that could threaten your teeth and your smile. Dr. Robert Mandell works hand in hand with your dentist to restore you to excellent periodontal and dental health.

The culprit behind gum disease

Periodontal disease, the leading cause of tooth loss, is caused by a steady plaque buildup under the gumline of your teeth. This "plaque" is composed of bacteria, or germs, that infect the gums, causing them to swell and, often, bleed. Left untreated, this plaque invasion will spread and destroy the bone structure supporting the teeth, leading to eventual tooth loss.

Though improper or infrequent dental hygiene is often the culprit, contributing factors to periodontal disease can include medical diseases, stress, smoking, and the natural aging process. It can't be emphasized enough that periodontal disease often progresses with *no symptoms or pain*. That's why checkups are vital and, if your doctor has referred you to Dr. Mandell, you should come in and start on your treatment plan right away.

Once Dr. Mandell has started you on a plan for your particular problem, you'll notice the difference. And, if you follow your program diligently, not only will your mouth feel better, but your smile will look better. The doctor will be happy to share satisfied patient histories with you and your dentist.

About Dr. Mandell



Robert L. Mandell, D.M.D., M.M.Sc., has been in periodontal practice since 1980. Dr. Mandell received his dental degree from the Boston University Goldman School of Dentistry. Following a family practice residency at the Eastman Dental Center in Rochester, NY, and a fellowship at the Beth Israel Hospital in Boston, MA, Dr. Mandell earned a Research Fellowship in Periodontology and Oral Microbiology from the Harvard School

of Dental Medicine and Forsyth Dental Center in Boston. Dr. Mandell won the 1980 Urban Prize competition for excellence in periodontal research awarded by the American Academy of Periodontology.

Dr. Mandell has held several teaching positions at well-known dental institutions, including the Medical College of Virginia, and later served as the Assistant Director of Emory School of Dentistry's Periodontal Research Center. Dr. Mandell continued his research here in Massachusetts as a Staff Associate in the Periodontal Research Center at the Forsyth Dental Center. Dr. Mandell has received government research grants to study juvenile periodontitis as well as the periodontal complications of smoking and diabetes. In 1992 Dr. Mandell was named to Marquis Who's Who in Science and Engineering. Dr. Mandell has published his work in many scientific journals, including the *Journal of Periodontology*, *Clinical Periodontology*, *Infection and Immunity*, and the *Journal of Dental Research*.

Dr. Mandell became a Diplomate of the American Board of Periodontology in 1991. The American Board of Periodontology is the only certifying board in the dental specialty of periodontics. A Diplomate of the American Board of Periodontology is a periodontist who has made a significant achievement beyond the mandatory educational requirements of the specialty. This certification is a voluntary effort in continuing education and represents Dr. Mandell's continuing professional development and commitment to excellence.

Dr. Mandell is on staff at Saints Memorial Medical Center in Lowell. He is a member of the American Academy of Periodontology, the American Dental Society, the Massachusetts Dental and Periodontal Societies, and the International Association of Dental Research.

Dr. Mandell was appointed in 1993 to the Massachusetts Board of Registry in Dentistry to fulfill a 6 year term by Governor William Weld. The Board's mission is to protect the health, safety and dental welfare of the citizens of Massachusetts and to raise the standards of dental practice, ensure quality dental services and establish acceptable codes of ethical behavior in dental practice. Dr. Mandell served as Chairman of the Board in 1996.

Robert L. Mandell, D.M.D., M.M.Sc.

Diplomate: Board of Periodontology

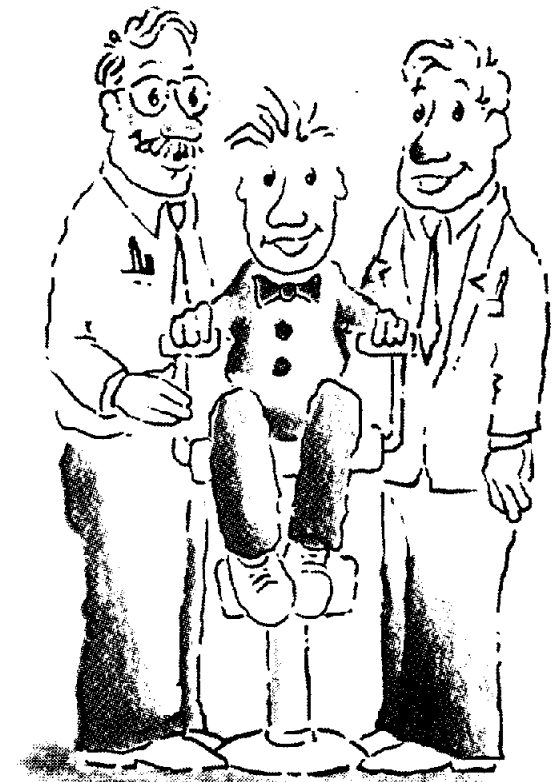
Practice Limited to Periodontics

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(781) 944-5268 (Emergencies)

Partners in Dental Health



You, your dentist and Dr. Mandell

Soft-tissue management - A soft approach to a tough problem

It used to be that gum disease meant gum surgery, But because we stay on the leading edge of periodontal research and development, we're able to offer you a variety of treatments, including *nonsurgical options* like soft-tissue management.

The soft-tissue management program combines a series of deep cleaning office visits with dental education sessions and a home care treatment program. The goal is to stop further damage and then gradually restore you to optimum periodontal health. Once treatment has been completed, you will remain on a home treatment program to reduce the chance of disease recurrence, and to keep both teeth and gums strong.

Soft-tissue management is just one of several nonsurgical options we offer our patients. A conservative treatment philosophy means we do our best to avoid gum surgery whenever possible.

When surgery becomes necessary...

If we determine that periodontal surgery is necessary, you can feel confident that you're in good hands, Dr. Mandell has over 20 years of clinical, surgical, and teaching experience behind him, and can handle the most delicate surgical procedures with ease and efficiency.

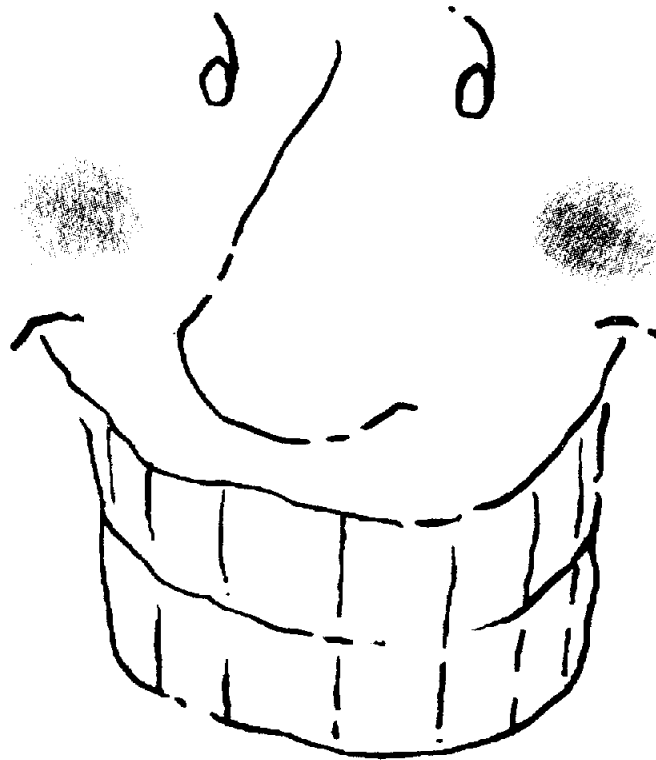
Our staff goes out of their way to ensure your comfort and peace of mind. Stereo headphones and premedicated sedation for anxious patients are available.

Dr. Mandell will personally explain all treatments before proceeding. Understanding your procedure takes away much of the worry associated with seeing a periodontal specialist. *And remember, surgery is only used as a last resort.*



The permanent solution to tooth loss

Our number one goal is to help you retain your own natural teeth. However, advances in dental technology have made it possible for us to permanently replace even those teeth that are lost to periodontal disease, trauma, or injury.



Implants are the next best thing to your permanent teeth, offering a secure alternative to dentures and removable bridges.

Dr. Mandell has studied and reviewed implantology techniques for many years prior to offering implant dentistry in his practice. As with all procedures, Dr. Mandell remains in close contact with your dentist for all treatment and follow-up visits. The doctor would be happy to discuss this treatment option with both you and your dentist.

TMJ syndrome: Masquerading as many problems

Dr. Mandell also offers specialized treatment for TMJ syndrome. TMJ syndrome covers a wide range of painful oral and facial symptoms involving the jaw joint and surrounding muscles in the face. You may be suffering from any number of these common symptoms:

Headaches • Pain in the temples • Unexplained dental pain • Clicking, popping, or "catching" of the jaw • Neck and shoulder pain • Limited mouth opening • Pain while chewing • Facial pain

Your symptoms might also include jaw stiffness when you wake up, sore teeth, or a tired jaw. Pressing muscles just in front of your ears may cause pain. Your jaw may feel achy and movement may be stiff or restricted.

When conventional medical or dental intervention has failed to relieve your symptoms, Dr. Mandell has the kind of advanced training in this field that you need to relieve your pain.

Accurate, early detection and treatment of facial pain is essential to your good health and peace of mind. Dr. Mandell welcomes referrals from both patients and practitioners who seek assistance with TMJ problems.

Your insurance covers treatment

You'll find most periodontal treatment is covered by your dental insurance plan. In fact, over 90% of our patients are insurance patients. Most insurance carriers, including Delta Dental, Equicore, Prudential, Master Dental, Hartford, and Metropolitan, cover periodontal care.

We also accept Visa, Discover, and MasterCard, and can arrange a payment plan when extensive treatment is necessary.

Our office hours are
Mondays & Fridays 9AM-2PM
Tuesdays & Thursdays 9AM-5PM

Our friendly staff will be happy to help you with appointments and insurance.